

# **SOUTHERN CALIFORNIA REGION – NAR- ANON OUTREACH COMMITTEE GUIDELINES**

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## **PURPOSE**

The focus of Outreach is to let families and friends of addicts know that help is available. Outreach assists in the growth of our local groups, areas, and regions. We do this by spreading the awareness and message of Nar-Anon.

## **Outreach**

While keeping the traditions and principles of our program in mind, this subcommittee acts as a vital link and resource between Nar-Anon and all outside entities. This may include, but not be limited to recovery centers, hospitals, professionals in contact with family and friends of addicts, local agencies, clergy, and the general public who may be seeking help. Members, groups, and committees reach out in an effort to carry the Nar-Anon message to those unaware of the Nar-Anon program and the benefits offered in our meetings where our members share their experience, strength, and hope. Please reference the GLS *Outreach to the Public* section for more information. (GLS 6-6)

## **VISION**

Step Twelve invites us to carry the Nar-Anon message of hope to others. Outreach offers a way to spread the message of hope to those affected by someone else's addiction, and to professionals who may come in contact with addicts or their families. Outreach can be a vital link between individuals seeking help and Nar-Anon members who share their experience, strength and hope.

## **OUTREACH COMMITTEE GUIDELINES**

Form an Outreach committee willing to spread the Nar-Anon message of help.  
(Minimum 3 members)

### **Outreach Chair** –

Prepare meeting agenda

Facilitate meetings for ideas to spread the Nar-Anon message to our community, areas, and region. Help distribute handouts and cooperate with Narcotics Anonymous at conventions and/or events for spreading Nar-Anon information.

### **Secretary** –

Keep notes and meeting updates.  
Individuals should keep track of their contacts and supplies.

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## **Website member**

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Offer help and ideas to forward material via the web, virtual and beyond, personal visits and phone, newspaper, and mail contacts.

## **Committee members –**

Plan local visits to a variety of facilities such as hospitals, medical centers, treatment centers, law enforcement, drug courts, the clergy, schools and local professionals who come in contact with those struggling with the problems of addiction in a loved one or friend.

Share cover letters with GSRs and committee members interested in making personal visits. Just remember that if we go before the public, we should always have two members present.

### Cover Letters

- \*Nar-Anon Cover Letter for Professionals
- \*Nar-Anon Cover Letter for Families and Friends
- \*Narateen Cover Letter for Professionals

Plan for facilities to introduce Nar=Anon material. Also note if meeting attendance increases, there are many more places to distribute Nar-Anon handouts to be discussed. Try to share local meeting meetings and current meetings pamphlets when available.

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## **Southern California Region General Information for Sub-Committees**

- Groups are autonomous, committees are responsible to those they serve.
- Committees in the Southern California Region must have at least three active members in order to be considered a committee and to have a group conscience.
- The RSC establishes subcommittees to carry out the work of the region. The purpose of the committee shall be clearly defined by regular two-way communication.
- Subcommittee chairs are elected at the assembly
- Using two-way communication, committees write their own internal guidelines stating the purpose, goals, and duties and responsibilities of officers and committee members. These are presented at the RSC, then the assembly for approval, before committee work begins.
- Committee business is conducted in committee meetings, not at the assembly. Each committee submits a written report of committee business, activities, and finances at RSC meetings, to then be presented at the assembly. Regular reports keep committees accountable for their activities.
- An itemized budget, when needed, is prepared by the committee and submitted to the RSC and assembly for approval.
- Committee members work together to plan, discuss and carry out the duties and responsibilities assigned to them, keeping in mind Tradition 5 – Each Nar-Anon Family Group has but one purpose; to help families of addicts.
- All committee business is conducted by the principles of the Nar-Anon program, the Traditions and Concepts of Service, keeping in mind the best interests of the groups, areas, region and Nar-Anon as a whole. The GLS, GWS, and SCR Guidelines can be used as guiding principles in committee work.
- The service structure uses group conscience as a spiritual means to make decisions.
- Committee members do not speak on behalf of a committee, to or beyond the body they serve, unless authorized by a committee group conscience.
- All members in service benefit significantly by having a service sponsor.