



33rd Annual  
Southern California Regional Narathon  
Saturday, September 9, 2023  
Meeting opens at 9:00AM  
Program begins at 9:05 AM

### Zoom Meeting:

[https://us02web.zoom.us/j/5606110072?  
pwd=Y1htWncrizFPUXBBWVM1YaW1Edz09](https://us02web.zoom.us/j/5606110072?pwd=Y1htWncrizFPUXBBWVM1YaW1Edz09)

Dial-in: 669-900-6833

Meeting ID: 560 611 0072 [https://  
us02web.zoom.us/j/5606110072?  
pwd=Y1htWncrizFPUXBBWVM1YaW1Edz09](https://us02web.zoom.us/j/5606110072?pwd=Y1htWncrizFPUXBBWVM1YaW1Edz09)

Passcode: 374596812

### Narathon Donations

By check – Text your pledge to our treasurer,  
Susan S. 949-872-3941 Or

Visit our website at <https://naranonsocal.org>

Click on Donate Button –memo Narathon 2023

--Click here if you want to be added to our email list

Southern California Region of Nar-Anon Family Groups

Email: [SoCalRegion@nar-anon.org](mailto:SoCalRegion@nar-anon.org)

English: [www.naranonsocal.org](http://www.naranonsocal.org)

Espanol: [www.naranonespanol.org](http://www.naranonespanol.org)

Service: [www.sites.google.com/nar-anon.org/  
socalregion-rsc](http://www.sites.google.com/nar-anon.org/socalregion-rsc)

World: [www.nar-anon.org](http://www.nar-anon.org)

# Embracing Today

## Program Schedule:

8:30 AM: Room Opens

9:00-9:05 AM: Welcome and Opening Remarks

by Roxanne B. ~ SoCal Region Chair

9:05—9:35 AM: Tara—NA—My story

9:35- 10:05 AM: Debi - Living in the Moment

10:05-10:35 AM: Joel— Attending to Intending

10:35-10:45 AM: BREAK

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10:45-11:25 AM: Danny - NA

11:25-11:55 PM Narateen members

12:00 PM Closing Remarks

Announcements - 7th Tradition