

### Officers and Delegates

Chair:	Roxanne B.	X	Secretary:	Roseann R	X
Vice Chair:	<i>vacant</i>		Delegate:	<i>vacant</i>	
Treasurer:	Andrea L.	A	Alternate Delegate:	Trudi C	X

### Subcommittee Chairs

Subcommittee	Chair		Visitors	Home Group	
Narateen	Ken K.	X	Antonio	Downey	
Website	Debbie S.	X	Dottie	Outreach Comm.	
Narathon	<i>Collaboration</i>	n/a			
Finance	Trudi C.	X			
Outreach	<i>vacant</i>				
Area Service Reps	Chair		Service Positions		
			Directory updates	Maria F.	A
			Email list/Group ID	Roxanne B.	X
			Take Back to Meeting	Susan S.	X

So Cal Regional Elections – October 2023

All members of Nar-Anon are welcome. **Voting in a Regional Assembly is done by the GSR, Alternate GSR, or Substitute.** These positions are elected by your group conscience. Other members may speak when recognized by the chair.

#### Open meeting with Serenity Prayer – ALL

#### Recording and Procedure:

- Poll those present. Do we have permission to record this call for those who are not able to attend?
- If approved, then enable call recording (\*91) **Yes**
- Everyone – please silence your cell phones during the meeting.
- Ensure there is a host/co-host for this meeting.
- Please remain muted. Raise your hand virtually to speak and wait for the host to call on you.
- Ensure there is a secretary for this meeting
- Read the Traditions – **MIKE M.**
- Read Concepts of Service – **DEBBIE S.**
- Roll Call
  - During Roll Call I will announce the role or meeting name, please respond with your first name, last initial and position. Each Group has only (1) vote – by GSR, Alternate GSR or Substitute.

# Minutes

## Southern California Regional Assembly

July 8, 2023 10:00 a.m. PDT

- Are there any members here today attending for the first time in 2022? Please announce your name, your position & your group.
- Officers, delegates, subcommittee chairs
- Are there any visitors here today? If so, what is your name and home group? (record above)

{As of April 8th Assembly registered TY - 11 }

Southern California Region 2023		32 Groups in the Region			
<b>Active/Registered T: <u>16</u> In Attendance: <u>12</u> Quorum: <u>9</u> (50% + 1) New - 5</b>					
<b>Los Angeles</b> (7 groups)				<b>San Diego Area</b> (5 groups)	
1	*Chatsworth – Wed- Debbie GSR	X		Carlsbad - Sun <b>closed</b>	
	Culver City - Wed	<b>A</b>		Escondido - Thur	
	*Lakewood – Fri -	A		*La Mesa/San Diego –	
2	*Long Beach – Mon - Yukiko Alt	X		Linda Vista/San Diego - Fri	
3	*San Gabriel – Thur- Shannon B GSR	X		Julian - Tues	
4	*Torrance – Sat- Imelda-Alt	X		<b>Spanish Meetings</b> (7 groups)	
5	*Torrance - Thur - Paula - Alt	X		Buena Park - Tue	
			9	*Downey – Mon, Tues- Leticia GSR	
	<b>North/Northwest</b> (2 groups)	A	10	*Pico Rivera - Mon-Fri- Miguel GSR	
	Santa Clarita- Tues	A		San Diego – Sun, Wed-	
	Thousand Oaks- Thur	A		Santa Ana E17 - M, T, Th	
				Santa Ana W17 - M, W, Th	
			11	*Paramount - Mon - Bibiana - Alt	
	<b>Orange County</b> (5 groups)			<b>Inland Empire Area</b> (8 Groups)	
6	*Brea/Fullerton – Wed - Joel GSR	X		Barstow - Sun	
7	*Fountain Valley - Thur- Marilyn GSR	X		*Claremont - Mon	
8	*Mission Viejo – Sun- Susan S. Sub	X		Hesperia - Thurs	

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	<i>Orange - Mon - <b>closed</b></i>			Moreno Valley - Tues - V-	A	
	San Juan Capistrano-Sat	A		Ontario - Thur	A	
			12	*Temecula - Mon - V - Mike M GSR	X	
	<b>Group changes since prior Assembly:</b>			Virtual Step Study - Thur - V	A	
				*IE Virtual - Wed - V-	A	
				<b>V= Permanent Virtual meeting</b>		
				<b>*=Active this year</b>		
	Removed: <b>Orange, Carlsbad</b>			(Note - added *)		
	Add:					

1. **Minutes** - Stand as Read

### 2. Old Business

- a. Reminder that 7th Tradition donations can be made online on SoCal website or mail checks (payable to Nar-Anon Family Groups Southern California Region) to SoCal Treasurer: Andrea Lackey 21466 Dahlia Ct, Trabuco Canyon, CA 92679
- b. The Region Chair, Roxanne, will finish her term as of this October's elections. The position will be open.
- c. October Assembly date will not need to be changed as previously discussed. The date of will remain October 14, 2023 when elections will be held. Please encourage members to step up to be of service. We have lots of positions that are or will be open and members are currently covering more than one role. Chair, Vice-Chair, Delegate, Narathon, Outreach, Literature
- d. Regional service structure. Last Assembly we discussed suggested change in service structure. When the Region's Chair term is up they would rotate into the Vice Chair role for one year, acting as mentor for the new incoming Chair. After one year the Vice Chair could rotate out of service. The next year the Chairs term would be up and the rotation would begin again. This was suggested to hopefully encourage more members to step up and be of service. If approved the Region's Guide to Service would need to be amended to reflect this change.

Discussion: Suggestion to keep current structure and add the role of Past Chair who could serve as a mentor to the incoming chair. This would allow the Vice Chair shadow and learn

from the existing chair as intended. Suggested to have a Service Workshop prior to October Assembly to help explain the different positions. Also, list more detail on the SoCal website service page and talk more about the GWS, GLS & SoCal Region Guidelines.

**- Mike motioned to keep the current structure and add Past Chair as mentor.- Joel seconded - passed unanimously**

- e. Follow Up on the motion proposed by the Fountain Valley meeting at the last Assembly. It was approved to take to the 2025 WSC. It was presented to the WSC Committee but it did not pass.

### 3. New Business

- a. WSC passed a motion regarding electronic literature. Need members to serve on the ad hoc committee.
- b. RSC nominated and passed unanimously to bring forth Roseann R. (Moreno Valley meeting and Regional Secretary) as our nominee for Secretary in the Oct elections.
- c. RSC nominated and passed unanimously to bring forth Joel M. (GSR for Brea/Fullerton Meeting) as our nominee for Regional Vice Chair to the July Assembly.  
**-Mike motioned to elected Joel M. as Vice Chair - Imelda seconded - passed unanimously**
- d. Reviewed the World Service Conference 2023 – Ad-hoc Committee Formation email dated 5/8/23 from the World Service Board. (Full document attached in the attachments section of the agenda.)  
-Trudi informed us the positions have been filled.
- e. Reviewed call For Service/WSC 2023 email dated 5/9/23 from the World Service Board (Full document attached in the attachment section of agenda)  
Trudi informed us they are still accepting people. Please copy the SoCal Region on your email to the BOT so that we are up to date.

### 4. Sub Committee Reports

- a. Website: cost for 2 years is \$456 through the WICS. Will have a short meeting at the end of the next RSC. Roxanne will put on SCR Google calendar for 12/18/23 from 7:30-8.
- b. Narateen: The lack of communication with the DOJ caused some confusion regarding getting into the portal; password expired; Ken is getting that process going now. Very time-consuming as people who said they would attend have not attended. Ken gave an update on the WS Narateen Committee.  
Narateen now on Instagram ([www.instagram.com/naranonfgh/](https://www.instagram.com/naranonfgh/)) Good way to reach teens. A controversy that has come up is regarding lowering the age to 10 years old. A member asked/recommended to lower the age. Our current guidelines do not allow a lower age. GWS & GLS should be followed when opening any new group. Take note that adult leaders cannot cross state lines, but teens can attend any location meeting.  
A Spanish group out of Columbia just formed a Narateen group.  
[www.naranoncolumbia.org/copia-de-narateen-1](http://www.naranoncolumbia.org/copia-de-narateen-1)

- c. Finance: Trudi shared financial information, link is listed below.
- d. Outreach:
  - i. CIRCNA event recap from 6/23-6/24  
Mike M, and another member Temecula attended the event. He suggested moving the Nar Anon outreach table next year, because the table was next to registration and list of NA meetings. Most traffic to our Nar-Anon table was from NA members asking for information on room locations. They gave out some literature.
  - ii. Upcoming 3rd Annual OC Recovery Connection 9/23/23, located at KiwanisLand Park 9840 Larson Ave, Garden Grove CA. Dottie & Susan S will attend, along with Trudi and possibly folks from close meetings such as Brea/Fullerton, Mission Viejo, Costa Mesa, Fountain Valley, etc. Trudi will attempt to retrieve materials from Esther and Dottie has some onhand as well.
  - iii. Back in-person 9/9/23 Recovery Happens at the Orange Show Fair Grounds in San Bernardino. This event is hosted by the county of San Bernardino. Looking for folks interested in volunteering to have a Nar-Anon outreach table for the event. However, it conflicts with our annual Narathon date.
- e. Literature: Trudi - The Intro and Traditions 1, 2 & 3 are ready and approved for the Nar-anon 36. Working now on the 4th Step Workbook. Other Outreach and Meeting materials have been approved, see WS website.
- f. Narathon: Sept. 9, 9am-12:30p Six speakers: 3-Nar anon; 2-NA; 1 Narateen. Trudi will send the flier to the WSO and SoCal Region website. Roxanne will host the event; Ken & Roseann will handle tech support; Susan will handle speaker registration forms and donations. Miguel requested there be an option to translate captions into Spanish. Also, to have a Spanish speaker next year.

### 5. Delegate/Alternate Delegate Reports

- a. Trudi: See above under New Business.
  - Sent daily recaps and final report from the WSC out to the GSRs.
  - Minutes from October Assembly will need to be sent to WSC Committee stating who will attend the Interim WSC 2024 as delegate and/or Alt Delegate for our Region.

### 6. Open Discussion

- a. No additional topics brought forth.

### 7. Upcoming Meetings or events

- a. 2023 - All Assembly Dates -Saturday mornings - 10:00 a.m.
  - i. 7/8/23 & **10/14/23\*\*elections**
- b. 2022-2023 - All Regional Service Committee (RSC) Meeting Dates - Monday evenings 6:30 p.m.

# Minutes

## Southern California Regional Assembly

July 8, 2023 10:00 a.m. PDT

- i. 9/18/23 & 12/18/2
  - c. August 12, 2023 – Rocky Mountain – Sponsorship House Party, 9a-1p PST flier attached.
  - d. In addition to viewing our SoCal Nar-Anon events page, please ensure you visit the World Service events pages regularly as there are many events published there.  
<https://www.nar-anon.org/events/>
8. **Motion to close: motion to close meeting at 11:57 by Mike M. – Temecula; seconded-Yukiko-Long beach. Passed unanimously**
  9. **Closing** – Meeting adjourned with serenity prayer.

### **To Join ALL Regional Meetings:**

Join Zoom Meeting (click link)

<https://us02web.zoom.us/j/5606110072?pwd=Y1htWncrLzFPUXBBWVM1QU1YaW1Edz09>

Meeting ID: 560 611 0072 Passcode: 374596812

Dial in by phone:

+1 669 900 6833 US (San Jose)

One tap mobile

+16699006833,,5606110072#,,,,,0#,,374596812# US (San Jose)

**Attachments:** (copy and paste if link does not open)

- **GSR Alt GSR Assembly Registration Forms:** All GSR's to complete for January Assembly or 1st Assembly attended yearly. This ensures we have the most current info.  
[https://e8c97c56-bf99-43f2-b326-17d331d547df.filesusr.com/ugd/926a6a\\_615e77c8e6cf4ed1b645c29997069c70.pdf](https://e8c97c56-bf99-43f2-b326-17d331d547df.filesusr.com/ugd/926a6a_615e77c8e6cf4ed1b645c29997069c70.pdf)
- **Regional Assembly Sign In Form:**  
[https://e8c97c56-bf99-43f2-b326-17d331d547df.filesusr.com/ugd/926a6a\\_a08e5a247e1745bba55fee9ee3d8e3ba.pdf](https://e8c97c56-bf99-43f2-b326-17d331d547df.filesusr.com/ugd/926a6a_a08e5a247e1745bba55fee9ee3d8e3ba.pdf)
- **Leadership information form:**  
<https://drive.google.com/file/d/1vCf2NbG985CjBEal7LdWlvE5ujzUmU83/view>
- **Previous Assembly Minutes:**  
[https://drive.google.com/file/d/13OVwN6BUY7y6gsxs75CZ2UqYXxlyahyx/view?usp=drive\\_link](https://drive.google.com/file/d/13OVwN6BUY7y6gsxs75CZ2UqYXxlyahyx/view?usp=drive_link)

- **Financial Statement:**

<https://docs.google.com/spreadsheets/d/1sUjn0Qm3CSXXej7m0AfOHiyQNoSUhJyN/edit?usp=sharing&ouid=101809344431613797520&rtpof=true&sd=true>

- **Memo Adhoc Committee - Transition:**

[https://drive.google.com/file/d/14Z5ch\\_\\_J9VemJC9pl6Ss2xx9v31O-yMA/view?usp=drive\\_link](https://drive.google.com/file/d/14Z5ch__J9VemJC9pl6Ss2xx9v31O-yMA/view?usp=drive_link)

- **Memo Ad-hoc Call for Service:**

[https://drive.google.com/file/d/166Uu66lg11a4XFUOowvRHKprnWxCek8-/view?usp=drive\\_link](https://drive.google.com/file/d/166Uu66lg11a4XFUOowvRHKprnWxCek8-/view?usp=drive_link)